



Dragon Chicken

Delicious Vietnamese dish



2 servings



INGREDIENTS

250 gm boneless chicken

ı egg

1 tsp pepper powder

1 1/2 tsp corn flour.

1 tsp crushed garlic

½ tsp ginger

3 dry red chillies chopped

¼ cup chopped onions

½ cup chopped capsicums (Red & green)

1 tsp sova sauce

1 TBsp tomato sauce

1 thsp sesame seeds

spring onions

Oil

Salt to taste

For sauce preparation:

5 minced garlic cloves

ı tsp chilli powder

1 1/2 tsp vinegar

1/2 tsp sugar

A pinch of salt

NOTES

Dragon chicken recipe is also known as Dong Tao chicken named after Dong Tao village in Vietnam

DIRECTIONS

- In a mixing bowl, take the chicken pieces and mix 1 tsp pepper powder, 1 ½ tsp corn flour and salt to taste and mix thoroughly.
- 2. Add 1 egg and mix again ensuring no lumps are formed. Marinate for 15 minutes.
- 3. For the sauce: Take 5 minced garlic cloves, 1 tsp chilli powder, 1 ½ tsp vinegar, 1.2 tsp sugar and a pinch of salt.
- 4. Deep fry the chicken and keep it aside.
- 5. Now heat oil in a pan, add 1 tsp crushed and chopped garlic, ½ tsp ginger, 3 dry red chillies chopped and saute well.
- 6. Now add ¼ cup chopped onions and sauté for 2 minutes until light brown.
- 7. Add ½ cup chopped capsicums (Red & green) and sauté for 1 minute.
- 8. Add the prepared sauce and 1 tsp soya sauce with 1 TBsp tomato sauce.
- 9. Add 2 TBsp warm water and mix well.
- 10. Now add the fried chicken pieces and coat well with the sauce.
- Sprinkle sesame seeds, spring onions and its ready to serve

